

Special Olympics Forsyth
Athlete Registration for State Games

Date Received _____

Please complete the following information so that we can better plan for upcoming Games including practice schedules, recruiting coaches and forming teams! State Games practices are typically at least 2 months prior to the competition and require 1 practice per week for about 1 to 2 hours each.

Athlete Name: _____ DOB: _____
Parent Name: _____ Email: _____
Mailing Address: _____

Under each category/event, indicate the sporting competition for which your athlete would like to compete. If there is more than 1 option, please rank the sports according to athlete's preference (1 being the most preferred).

Masters Bowling: August 20-22 at Warner Robins, GA – Practices begin in June

____ Athletes must be over the age of 21. Athletes with limited mobility or limited arm strength are able to use a ramp when bowling. Check here if your athlete will need a ramp. _____

Fall Games: November 12-14 at Statesboro, GA – Practices begin in August

- ____ Softball Skills (athletes learn the basic skills of softball such as swinging the bat, running from base to base, throwing the softball and catching the softball on the ground).
- ____ Softball Team (athletes must have some experience with softball utilizing the skills listed above).
- ____ Bocce (athletes must throw/roll small weighted balls down a grass court towards a directed target)
- ____ Golf (athletes will learn the basic skills of golf such as putting and swinging towards a particular distance)

Winter Games: January (TBA) at Smyrna, GA – Practices begin in November

- ____ Basketball Team (athletes play competitive basketball and must have some basic understanding of the game. It is preferred that athletes participate in basketball skills prior to joining a basketball team).
- ____ Basketball Team Skills (athletes must bounce the ball to the next teammate. The teammate in the middle, must throw the ball in the basket. Points are determined based on the number of bounces caught and the number of baskets thrown successfully).
- ____ Basketball Skills (athletes learn the basic skills of basketball such as dribbling while running, throwing the ball through the next, and throwing the ball at a specific target).
- ____ Powerlifting (athletes must be at least 16 years of age. Athletes of all ability levels can learn the basic and safe way to lift small to heavy weights and performing moves such as the dead-lift, chest press and squat. Safety is highly emphasized and monitored by the coaches).
- ____ Hockey Skills (athletes learn the basic skills of floor hockey such as using the stick to move the puck, hitting the puck between cones and moving with the puck. Athletes are provided with masks and guards for protection).
- ____ Bowling (athletes learn the proper form for bowling): Maximum age is 21 for Winter Games.
____ Check here if a ramp is needed for bowling.

Summer Games: May (TBA) at Emory University (Atlanta, GA) – Practices Begin in March

- ____ Tennis Skills (athletes learn the basics of tennis such as backhand, forehand, serving and volleying with foam balls).
- ____ Table Tennis (athletes learn the basics of table tennis through proper use of the paddle and learning how to hit and aim with the paddle).
- ____ Athletics (athletes compete in track and field events: running, shot put and long jump)
____ check here if your athlete will compete in wheelchair events.
- ____ Aquatics (athletes compete in swimming events such as backstroke, breast stroke and relay)
- ____ Volleyball Team (athletes compete as a team utilizing the basic volleyball rules)

**Please mail your registration to Susan Darlington at 1120 Dahlonega Hwy, Cumming, GA 30040,
fax to 770-888-1278 or email us at [sorsyth@comcast.net](mailto:sforsyth@comcast.net).**